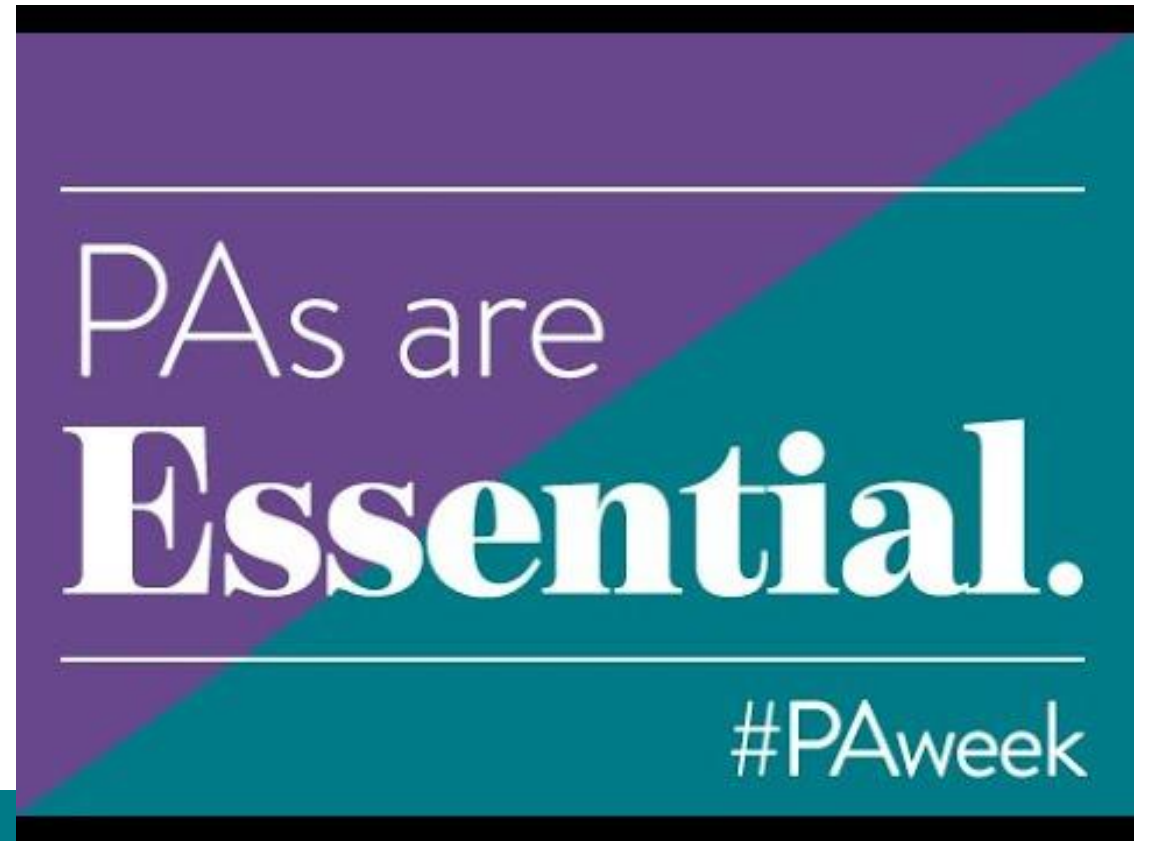


OCTOBER 6-12

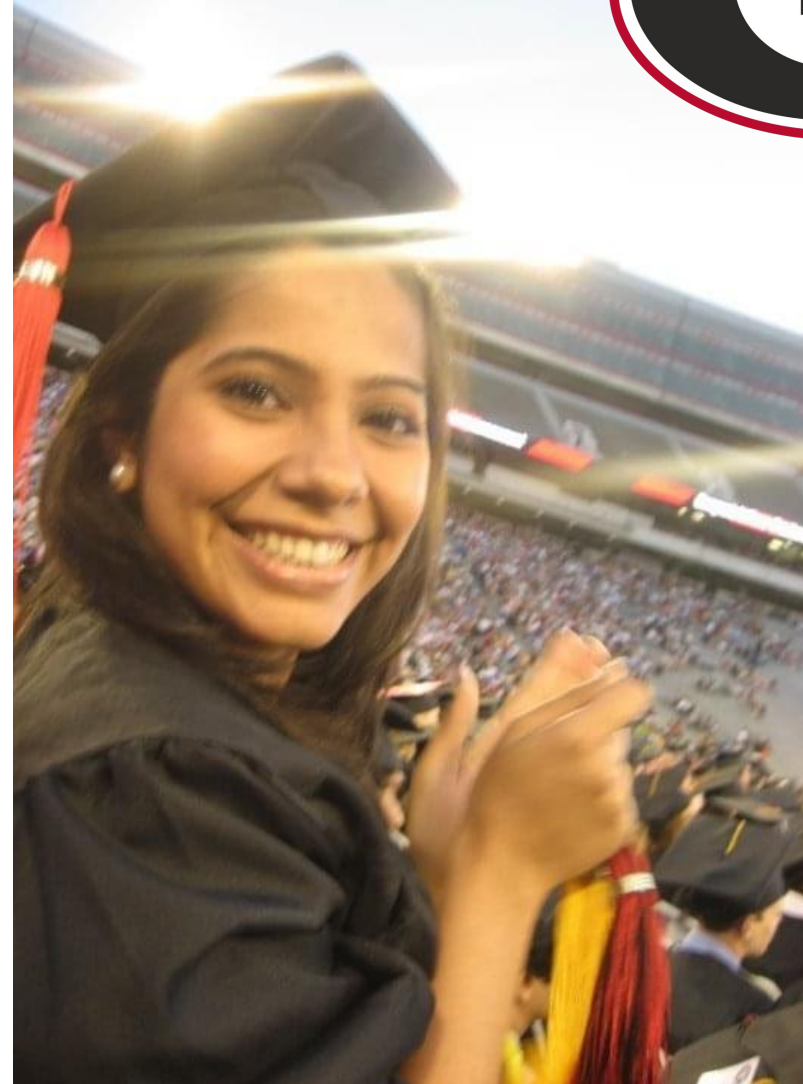


PA WEEK 2020

My Journey

University of Georgia Class of 2009

- Bachelor of Science in Biology
- Bachelor of Arts in Broadcast News Journalism



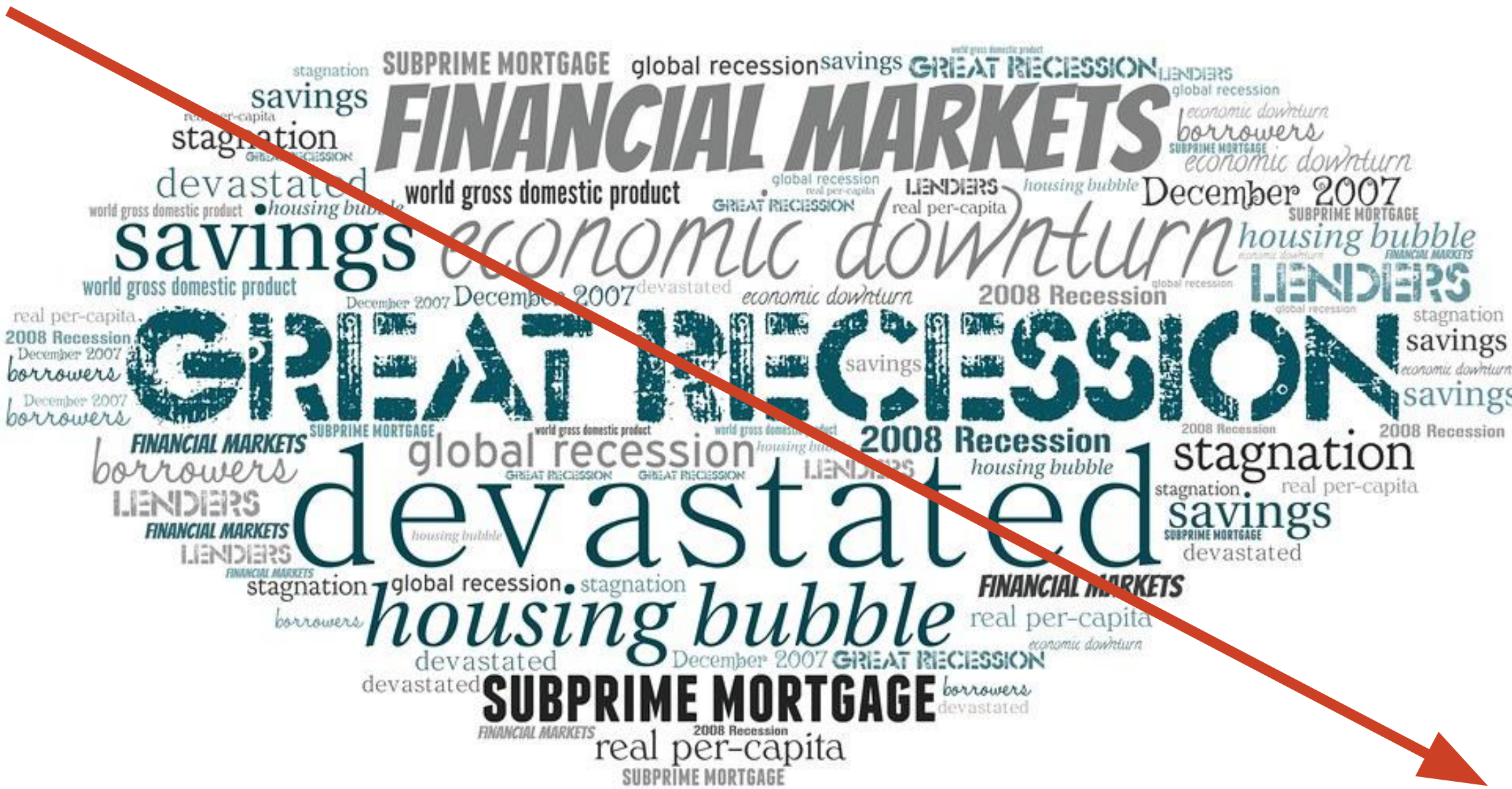
My Journey

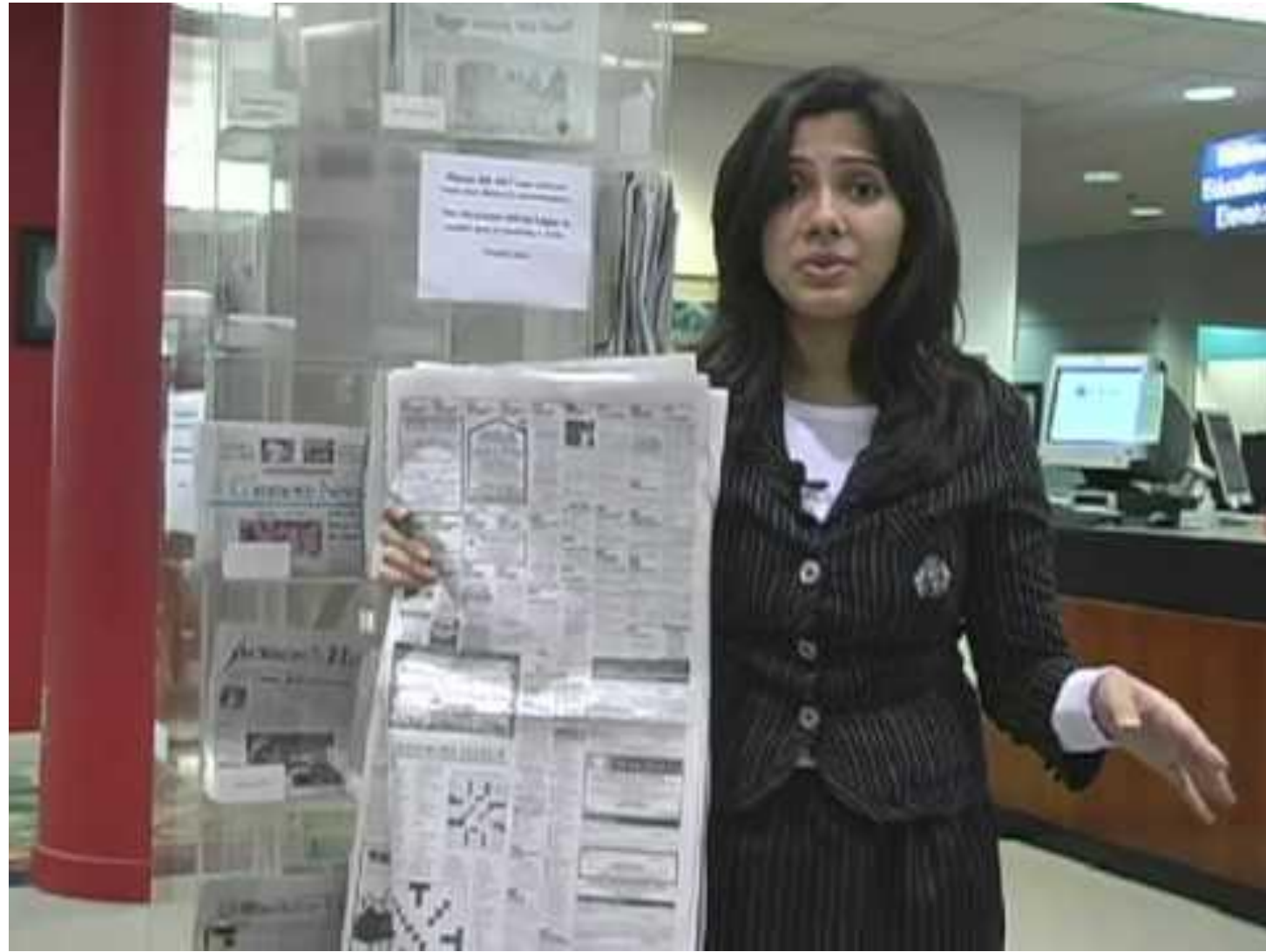
Extracurriculars

- Resident Assistant
- Intern at CNN Medical News
- Volunteered at Southern Regional Medical Center's ER











Work Profile

- Emergency Medicine Fellowship
- Advanced Provider Residency

- Patient and throughput management in the main emergency department, urgent care, and rapid medical evaluation.
- Obtain problem focused history and perform body system specific physical exam.
- Order and interpret labs, imaging, and other diagnostic studies.
- Perform procedures such as I&D, laceration repair, joint reductions, POCUS, CVP, arthrocentesis, intubations, and lumbar punctures.
- Obtain specialist consultation and implement pharmacotherapies for acute illnesses.
- Generate a final diagnosis and disposition of discharge, transfer, or admission for patients.

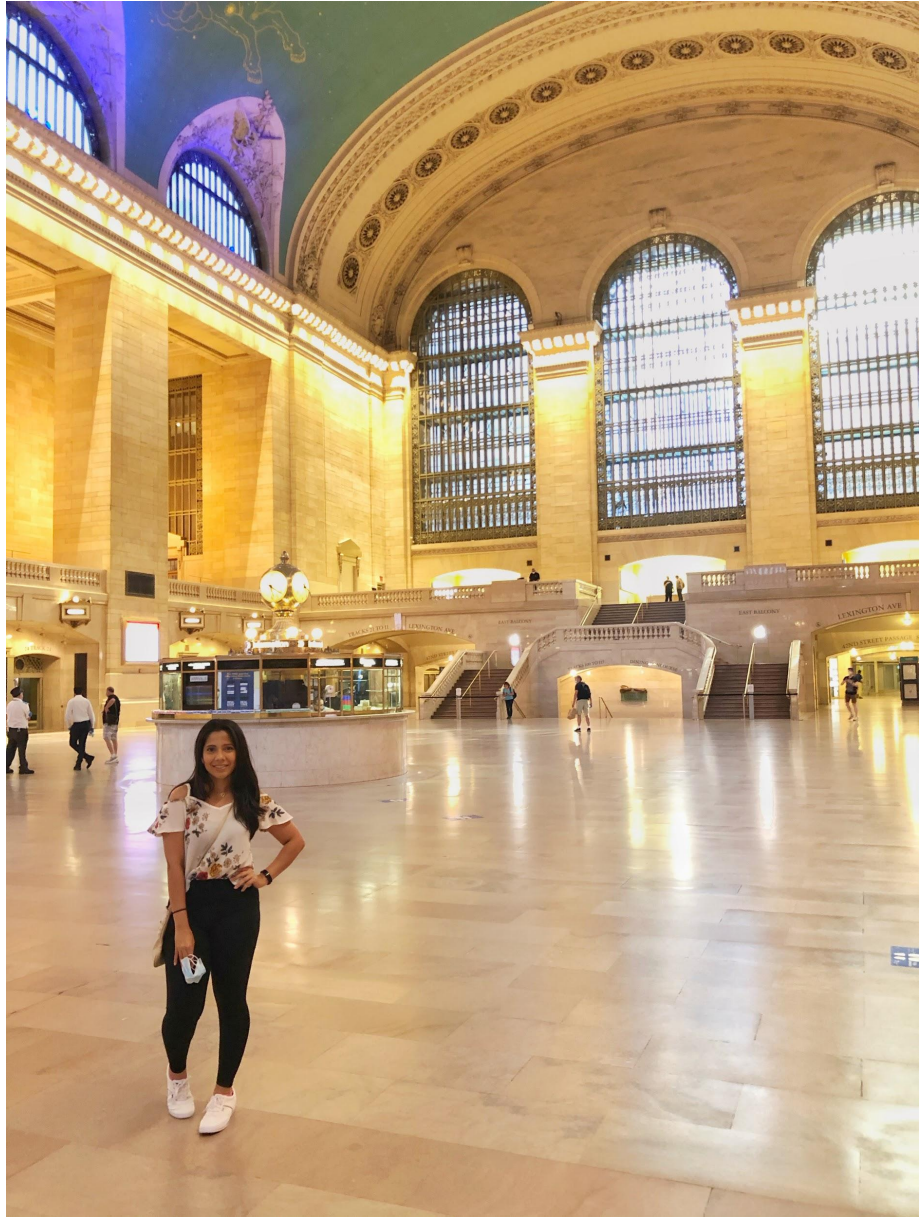
Work Profile

- Assistant Lead PA
- Lead PA
 - Operations, processes, throughput
 - Liaison to ED Nursing Leadership
 - Culture and Radiology Quality Inspection
 - Liaison to ED Pharmacy, Radiology, and Lab
 - DeKalb County Sexual Assault Expert Witness: Liaison to Day League
- Precept students: Emory, Mercer, Augusta, PCOM
- Guest/adjunct lecturer
- National speaker: panels, webinars, workshops





**We did well child checks and
physicals**



DRIVE-THRU COVID-19 TESTING

3110 Lawrenceville-Suwanee Rd
Suwanee, GA

M-F 8A-5P
SAT 9A-3P
(470) 467-6007

www.emergenttesting.com

No appointment necessary

- Insured and uninsured patients accepted
- Non-citizens welcome
- Self-Pay options available
- Concierge services for weddings, meetings, parties, and more



NAAZ MALEK, PA-C
Partner, COO of Suwanee Site

- ✓ **Rapid Tests**
\$100 self-pay
- ✓ **Same day PCR**
results \$175
- ✓ **48-hr turnaround PCR**

emergentesting
SUPPORTING OUR COMMUNITY THROUGH TESTING



What is a PA?

AT A GLANCE

PA profession
established in

1967 



140,000

PAs in the U.S.

PAs have more than

400
MILLION



patient interactions
per year

2019 AAPA Salary Survey.
All data based on clinically practicing PAs in the U.S.



What is a PA?

- Physician extenders who
 - Evaluate patients
 - Order and interpret tests
 - Make diagnoses
 - Develop and manage treatment plans
 - Prescribe medications
 - Do procedures
 - Do clinical research



What is a PA?

EDUCATION BY THE NUMBERS



250 PA Programs in the U.S.

The Accreditation Review Commission on Education for the Physician Assistant (ARC-PA), 2019



Programs are **27 months or 3 academic years** (bachelor's degree is required for acceptance)



2,000 hours of clinical rotations



Educated at

**MASTER'S
DEGREE** level



What is a PA?

HOW ARE PAs/NPs EDUCATED?

- Earn a master's degree and may obtain advanced degrees.
 - Curriculum is modeled on the medical school curriculum.
 - Students complete 2,000 hours of clinical rotations in family medicine, internal medicine, general surgery, pediatrics, obstetrics and gynecology, emergency medicine, and psychiatry.
 - Trained as medical generalists, which provides them diagnostic and treatment skills in all areas of medicine and for all patients, regardless of age or gender.
- Must complete a master's or doctoral degree program.
 - Trained in the advanced practice of nursing.
 - Students must complete 1,000 hours of supervised clinical practice.
 - Trained in a chosen health population focus area: Family, Adult/Gerontology, Neonatal, Pediatrics, Women's Health, or Psychiatric/Mental Health.



PRE
What is a PA?

Opportunities through university

- Pre-PA major
 - prerequisite courses: 2 years of college coursework in basic and behavioral sciences
 - volunteer activities,
 - networking for direct patient care hours
 - GRE prep guide.
- Pre-PA clubs
 - Attend monthly meetings
 - Hear from practicing PAs
 - Learn about patient care hour opportunities
 - Opportunities to shadow practicing PAs.

Shadow both a physician and a PA to learn the difference and apply it to your goals



What is a PA?

But what about those 2,000 hours....

- Certification
- Get a job while in college

- Prior healthcare experience
 - MA, EMT
 - Medic, Paramedic
 - RN, PCT, CNA
 - Peace Corps volunteer
 - Lab assistant, Phleb



What is a PA?

What school to attend?

- Medical school affiliation
- Access to hospital
- Strong science background
- Less dense competition
- School with similar values
 - Research, public health, community outreach, underserved community



What is a PA?

To obtain a license, PAs must:



Graduate from an **accredited PA program**



Pass a **certification exam**

To maintain their certification, PAs must complete:



100 hours of continuing medical education (CME after every two years)



A **recertification exam** every 10 years

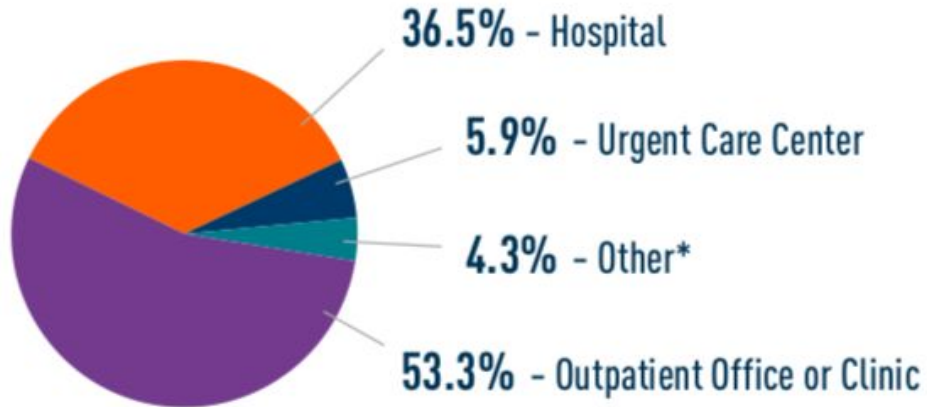
CERTIFICATION & LICENSING



What is a PA? **C**



PAs practice in every work setting



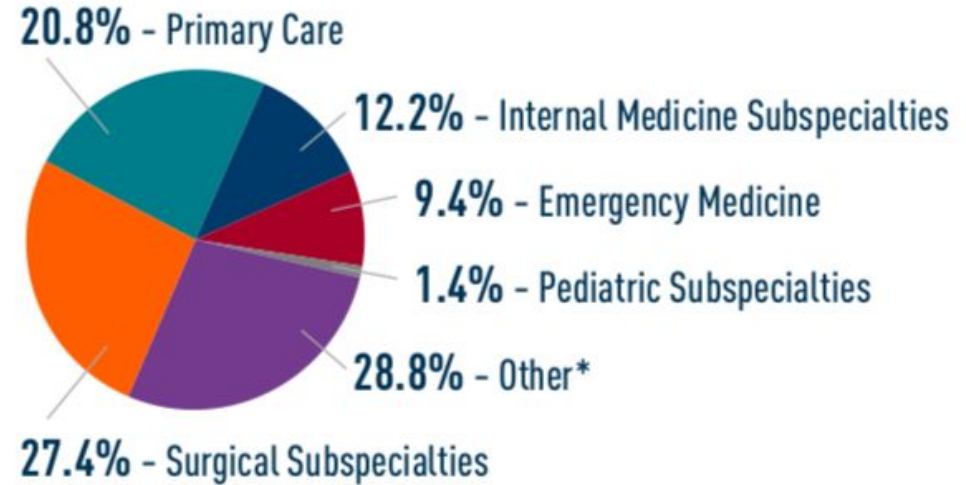
2019 AAPA Salary Survey,

All data based on clinically practicing PAs in the U.S.

*Other refers to a variety of work settings including but not limited to schools/universities, rehabilitation facilities, nursing homes and correctional facilities.



PAs practice medicine in all specialties



2019 AAPA Salary Survey,

All data based on clinically practicing PAs in the U.S.

*Other refers to a variety of healthcare settings including but not limited to psychiatry, hospice and palliative care, obstetrics and gynecology, addiction medicine, pain management, public health and dermatology.



What is a PA?

Practice Specialty

Family Medicine	18%
Emergency Medicine	15%
Surgery	10%
Orthopedics	8%
Internal Medicine	8%
Dermatology	4%
Cardiology	3%
Psychiatry	3%
Critical Care	2%
Pediatrics	2%
Oncology	2%
Gastroenterology	2%
Ob/Gyn & Women's Health	2%
Urology	2%
Occupational Health	2%

18%
15%
10%
8%
8%
4%
3%
3%
2%
2%
2%
2%
2%
2%

Where Do PAs Work?

Work setting

Medical office/Clinic	49%
Emergency department/Urgent care	14%
Acute care hospital - inpatient unit	13%
Operating room/surgery	8%
Critical care	4%
School/Academic	3%
Long-term care	1%
Correctional facility	1%
Retail clinic	1%
Industry setting	1%
Other	6%

Employer

Employed by medical group	53%
Employed by hospital system	39%
Self-employed/Practice owner	5%
Independent contractor	4%



What is a PA?

Earnings by Work Setting

	Mean (Median)
Critical care	\$129K (\$128K)
Emergency department/Urgent care	\$127K (\$125K)
Surgery	\$123K (\$121K)
Industry setting	\$123K (\$121K)
Retail clinic	\$122K (\$120K)
Acute care hospital - inpatient unit	\$121K (\$119K)
Medical office/Clinic	\$113K (\$110K)
Correctional facility	\$112K (\$111K)
Long-term care	\$108K (\$109K)
School/Academic	\$108K (\$103K)

Earnings by Practice Specialty

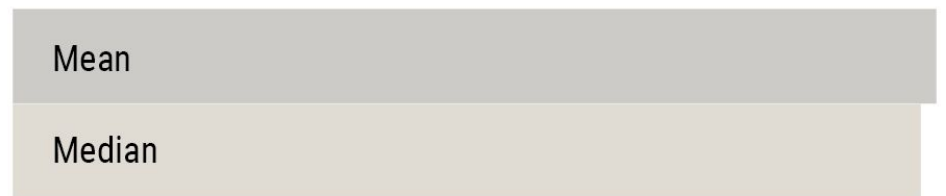
	Mean (Median)
Critical Care	\$131K (\$126K)
Emergency Medicine	\$127K (\$125K)
Surgery	\$125K (\$124K)
Orthopedics	\$123K (\$120K)
Dermatology	\$120K (\$122K)
Cardiology	\$118K (\$115K)
Internal Medicine	\$114K (\$116K)
Family Medicine	\$111K (\$109K)
Psychiatry	\$108K (\$110K)
Pediatrics	\$106K (\$105K)



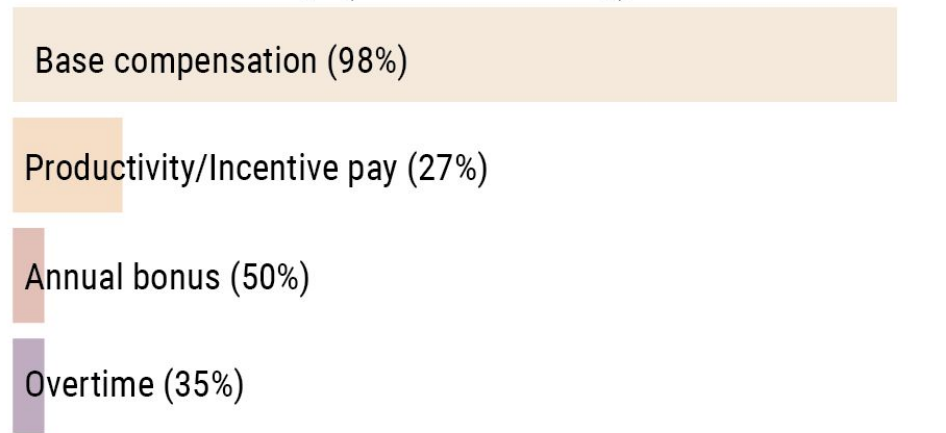
What is a PA?

Annual Earnings, Full-time PAs

Total Compensation



Mean Annual Earnings (% of PAs receiving)



Physician Assistant Compensation Report 2020

\$118K

\$116K

\$113K

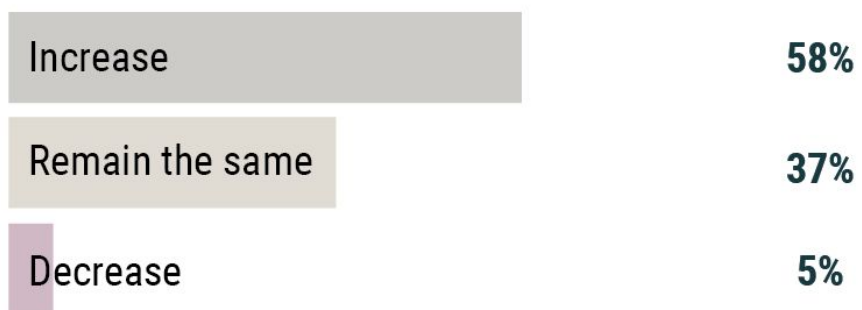
\$14K

\$4K

\$4K

The salary outpaced inflation by going up by 1 percent, increasing from \$105,000 in 2017 to \$106,000 in 2018.

Year-to-Year Change in Earnings





What is a PA?

Current state of practice:

PAs	NPs
140,000	300,000
Need a supervising physician (2:1) *State mandated limitation on the number of PAs (next slide)	Don't need a supervising physician (1:1)
Answer to a <u>medical</u> board	Answer to a <u>nursing</u> board
Education: Minimum of a full year of in-class didactic Clinicals in accredited hospitals and clinics mandatory in EM, OB/GYN, Peds, Fam Med, Internal Med (avg 2,000-4,000 hrs) 1,000-2,000 direct patient contact hour requirement	Education: Online classes Find their own clinicals. Required 500-700 hrs in some general practice.



What is a PA?

Why PA is the Fields of the Future: Our Survivability

- Legislative and Regulatory Process: State vs Federal
 - Direct reimbursement
 - Sign death certificates
 - Tele-medicine
 - Medicare hospice or terminally ill patients
 - 44 million Americans live in an area with a primary care shortage, <1 PCP/2,000 Americans
 - The Indian Health Services (USDHHS) eliminated the need for supervision or co-signature
 - Supervising physician
 - HB 1175 (4/17/19): North Dakota became the first state to enable all PAs to practice without a specific relationship with a physician. PAs can have their own practice
 - Illinois, New Mexico and West Virginia--headed in the same direction

Source: United Health Group, AAPA



What is a PA?

Why PA is the Field of the Future: Job Growth

- The U.S. Bureau of Labor Statistics has predicted a 37 percent increase in demand for PA jobs between 2016 and 2026, which is much faster than other occupations.
- In 2015, there were approximately 108,000 certified PAs. Just two years later, by the end of 2017, there were 123,000 certified PAs,
- 2012-2013 application cycle: 19,761 applications
2016-2017 application cycle: 26,678 applications

Source: NCCPA, PAEA



U.S. News Announces the 2019 Best Jobs

2019 U.S. News Best Jobs Rankings

*See the full list of the Best Jobs [here](#).

100 Best Jobs

1. Software Developer
2. Statistician
3. Physician Assistant
4. Dentist
5. Orthodontist (tie)
5. Nurse Anesthetist (tie)

Best-Paying Jobs

1. Anesthesiologist
2. Surgeon
3. Oral and Maxillofacial Surgeon
4. Obstetrician and Gynecologist
5. Orthodontist

Best Health Care Jobs

1. Physician Assistant
2. Dentist
3. Orthodontist

U.S. News Live Webinar: Sept. 30



What is a PA?

Post-COVID19

- Eliminate practice limiting regulations and statutory barriers.
- PA board
- Post professional education i.e Doctoral Program
- Direct reimbursements
- Diversification of the profession



What is a PA?

Skills

- Customer service
- Multitasking (ie: working in restaurant, cashier) because these are valuable skills that help you develop an understanding of “work flow” which is needed as a provider.
- Good communication skills
- Being flexible
- Hard working attitude
- Empathy

How I progressed

- Public speaking
- Lecturing/precepting
- Assistant Lead PA
- Georgia College of Emergency Physicians -Society of Emergency Physician Assistants
- Lead PA
- **SEEK THE OPPORTUNITY!!!**
- ...and if there isn't one there, then create it!

What I enjoy the most

- Interacting with patients
 - Women empowerment
- Interacting with my staff
- Being on the front lines
- The fast pace high energy



IPMP - Ismaili Pre-health Mentorship Program

WELCOME!

Applying to graduate healthcare school is becoming more competitive. IPMP helps students in high school, college, or post-baccalaureate increase admission into graduate school by pairing them with Ismaili Mentors who are:

- Physicians (MD, DO, MBBS) both United States-based and international medical graduates
- Physician Assistants
- Nurse Practitioners
- Dentists
- Podiatrists
- Pharmacists
- Doctors of Physical Therapy
- Nursing (RN, BSN)
- Optometry
- Doctors of Occupational Therapy
- PhD in medicine
- Healthcare Management



Ismaili Pre-Health Mentorship Program

Each Mentee has a one-on-one relationship with a Mentor, who can provide advice and tips and help increase the chances of getting into graduate healthcare schools.

**Register today to be a
Mentee or Mentor and email us at:
ipmpnational@gmail.com**