

HIGH SCHOOL ROADMAP

November

Now that you're settled into school, start thinking about the PSAT! The 11th graders at your school should have taken it in October so be sure to ask them for tips on how to prepare! You can incorporate some of those tips into your studying so that you're prepared to take it your junior year. Doing well on the PSAT can lead to a lot of scholarship opportunities so it is never too early to start preparing!

November is also a great time to start thinking about how to prepare for your upcoming finals. Are there any classes you're struggling in? It's never a bad idea to get a head start on studying for that final because that extra time could make all the difference!

December

Winter break is a great time for relaxing and recharging for next semester, but you can also use it to do some community service! Whether it be with your local I-CERV group or with some friends at the local food bank, try to do something during winter break to keep yourself active in the community!

Winter break is also a good time to start thinking about potential summer activities. Do you want to attend Al-Ummah or Legacy this upcoming summer or are you thinking about being part of CGS at Mosaic? Do you want to volunteer at a hospital or find an internship? Start thinking about what you want to do because applications will open soon!

January

Revisit your short and long term goals. Are you on track with your goals? If you're not, think about what you could change this semester to make sure you are hitting your goals!

This is also a great time to start thinking about mentorship. Are there any 11th or 12th graders who you know did well on their SAT or ACT or did something you might want to do during the summer? Start talking to them and ask them if they want to share their study tips or if they have any advice for you ask you gear up to prepare for your standardized tests and summer plans!

WELLNESS CORNER

Finals can be both physically and mentally exhausting for a high school student. There are many ways you can maintain a healthy and happy lifestyle while keeping up with the pressures of school!

As you gear up for finals, remember to give your brain a break during studying! If you feel yourself getting tired or losing focus, take a short 20 minute break and then get back to studying. **You can take a walk during that break, meditate, or even hang out with your family!**

In order to best maximize your studying time, try to stay off your phone and avoid social media on your computer. If you're one of those people that gets distracted easily, you can download **Self Control** on your computer or **Flora** on your phone to help keep you productive and off your phone! Try them out and see if they help you focus!

Start Something!

If you have an interest in something but don't see the club for it, don't be afraid to start one! Talk to some other students who might be interested and get a faculty advisor to help you so that you're able to participate in some of the organizations that you're passionate about! Many national organizations, such as **She's The First**, have local high school chapters that help them achieve their mission!

Staying Involved In Jamatkhana

While it may seem difficult to balance school and stay involved in seva, it can easily be done! Volunteering at Jamatkhana or through I-CERV are activities that may be counted as extracurriculars in your college applications when it comes time to apply.

Scholarships

AXA Achievement Scholarship - up to \$25,000 - due December 14

Burger King Scholars Program - up to \$50,000 - due December 15

Digital Privacy Scholarship - \$1,000 - due January 30

I Have A Dream Scholarship - \$1,500 - due January 31

STUDENT SPOTLIGHT

WHAT IS ONE PIECE OF ADVICE YOU WISH YOU HAD AS A TENTH GRADER LAST YEAR?

“Some people think of high school as time to get sky-high grades in extremely easy classes. In reality, the ideal way to treat high school is as an opportunity to uncover your inner interests and capabilities. This means joining competitive extracurricular such as Track & Field, DECA, etc. It also means taking difficult classes like AP Chemistry and AP Calculus BC.”

HOW DO YOU BALANCE SCHOOL AND YOUR EXTRACURRICULARS?

“I balance my academics and extracurriculars by compartmentalizing my time. For example, if an extracurricular requires outside work, I do the most urgent homework I have first, take a break to do the extracurricular assignment, and then start the next piece of homework I have. This way, my brain doesn't get exhausted and I get more work done!”



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